

BOOKS ON GRIEF

From What's Your Grief (<https://whatsyourgrief.com/32-books-about-grief/>)

- Mourning Diary by Roland Barthes
- A Widow's Story: A Memoir by Joyce Carol Oates
- Wave by Sonali Deraniyagala
- Her: A Memoir by Christa Parravani
- Say Her Name: A Novel by Francisco Goldman
- Love Is a Mix Tape: Life and Loss, One Song at a Time by Rob Sheffield
- Wild: From Lost to Found on the Pacific Crest Trail by Cheryl Strayed
- Death Be Not Proud (P.S.) by John J Gunther
- Tuesdays with Morrie: An Old Man, a Young Man, and Life's Greatest Lesson by Mitch Albom
- Poems of Mourning (Everyman's Library Pocket Poets) by Peter Washington
- A Heartbreaking Work of Staggering Genius by Dave Eggers
- Me and Earl and the Dying Girl (Revised Edition) by Jesse Andrews
- Ordinary People by Judith Guest
- The Long Goodbye: A Memoir by Meghan O'Rourke
- Hamlet by William Shakespeare
- Swimming in a Sea of Death: A Son's Memoir by David Rieff
- Extremely Loud and Incredibly Close by Jonathan Safran Foer
- Bough Down by Karen Green
- The Year of Magical Thinking by Joan Didion
- Rare Bird: A Memoir of Loss and Love by Anna Whiston-Donaldson
- Giving Up the Ghost : A Memoir by Hilary Mantel
- Motherless Daughters: The Legacy of Loss by Hope Edelman
- H is for Hawk by Helen Macdonald
- The Still Point of the Turning World by Emily Rapp
- The Beginner's Goodbye: A Novel by Anne Tyler
- A Monster Calls: Inspired by an idea from Siobhan Dowd by Patrick Ness
- A Grief Observed by C.S. Lewis
- Sweet Hereafter: A Novel by Russell Banks
- The Best Day the Worst Day: Life with Jane Kenyon by Donald Hall
- The End of Your Life Book Club by Will Schwalbe
- Wit: A Play by Margaret Edson
- Half a Life: A Memoir by Darin Strauss

From Book Riot (<https://bookriot.com/best-books-about-grief/>)

- CRYING IN H-MART BY MICHELLE ZAUNER
- Healing Your Traumatized Heart: 100 Practical Ideas After Someone You Love Dies A Sudden, Violent Death by Alan D. Wolfelt
- Healing Your Traumatized Heart: 100 Practical Ideas After Someone You Love Dies A Sudden, Violent Death by Alan D. Wolfelt
- Rebellious Mourning: The Collective Work Of Grief Edited by Cindy Milstein
- Finding Meaning: The Sixth Stage Of Grief by David Kessler
- H Is For Hawk by Helen Macdonald
- Healing Your Grieving Heart For Teens by Alan D. Wolfelt
- Grieving While Black: An Antiracist Take On Oppression And Sorrow by Breeshia Wade
- Grief is Love: Living With Loss by Marisa Renee Lee

From SheReads (<https://shereads.com/books-about-grief/>)

- Notes on Grief by Chimamanda Ngozi Adichie
- In Love: A memoir of Love and Loss by Amy Bloom
- The Grieving Brain by Mary-Frances O'Conner, PhD
- Lost and Found by Kathryn Schulz
- Competitive Grieving by Nora Zelevansky
- The Art of Losing It by Rosemary Keevil
- Splitting the Difference: A Heart-Shaped Memoir by Tré Miller Rodríguez
- Late Migrations: A Natural History of Loss and Love by Margaret Renkl
- Bearing the Unbearable: Love, Loss and the Heartbreaking Path of Grief by Joanne Cacciatore
- A Grief Observed by C.S. Lewis
- The Last Act of Love: The Story of my Brother and His Sister by Carly Rentzenbrink
- Do Death: For a Life Better Lived by Amanda Blainey
- Fifty Words for Rain: A Novel by Asha Lemmie
- It's OK That You're Not OK by Megan Devine
- Gone by Linda K. Olson
- Option B: Facing Adversity, Building Resilience, and Finding Joy by Sheryl Sandberg
- Opening to Grief: Finding Your Way from Loss to Peace by Claire B. Willis
- Breaking Sad by Shelly Fisher & Jennifer Jones
- Grief Day By Day: Simple Practices and Daily Guidance for Living with Loss Paperback by Jan Warner
- I Wrote This For You, Me & Anyone Trying to F*cking Move On by Robert M. Drake
- You Can Heal Your Life by Louise Hay
- Everything Happens for a Reason And Other Lies I've Loved by Kate Bowler
- The Grief Recovery Handbook by John W. James and Russell Friedman

- The Year of Magical Thinking by Joan Didion
- The Orphaned Adult: Understanding and Coping with Grief and Change After the Death of our Parents by Alexander Levy
- Healing the Adult Sibling's Grieving Heart: 100 Practical Ideas After Your Brother or Sister Dies by Alan D. Wolfelt, PhD
- Modern Loss: Candid Conversation About Grief by Rebecca Soffer
- A Parent's Guide to Raising Grieving Children by Phyllis R. Silverman and Madelyn Kelly
- I Wasn't Ready to Say Goodbye by Brooke Noel and Pamela D. Blair, PhD
- How To Go On Living When Someone You Love Dies by Therese A Rando
- The Other Side of Sadness by George A. Bonanno
- On Grief and Grieving by Elisabeth Kubler-Ross and David Kessler
- Finding Meaning by David Kessler
- Healing After Loss by Martha Whitmore Hickman
- Traveling with Ghosts by Shannon Leone Fowler